**May 11th – 15th**

 **1st Class**

Dear parents/guardians of 1st class students,

I hope you enjoyed an active week with your daughter last week. It is one of my favourite weeks in school as there is a lot of fun to be had. Hopefully sending an email of a piece of work helps to boost motivation in your house this week! Take care and talk soon.

Best wishes,

Sharon Gleeson.

Dear 1st class girls,

 I hope active home week was a fun and energetic week in your home! I am so excited to see a piece of your best work this week! It can be anything you would like to show me from Art to English, Maths or even baking that you do during the week.

Be kind,

Ms. Gleeson.

**Suggested Daily Timetable**

|  |  |
| --- | --- |
| 9.00-9.30 | Exercise (JoeWicks live (Youtube) / Cosmic Yoga (Youtube)/ Go Noodle website/ Active Break Ideas (see below) |
| 9.30-10.45 | Work on the Core Subjects (English/Irish/Maths) |
| 10.45-11.00 | Small Break-Have a snack and go outside for a run/play  |
| 11.00-12.00 | RTE School Hub |
| 12.00-12.45 | Project Work |
| 12.45-1.15 | Lunch |
| 1.15 onwards | Free Time |

**Wellness Wednesday Activities**

Please choose a few of these activities to do with your siblings or altogether as a family a day this week.

Wellness Wednesdays are all about doing things that bring enjoyment and happiness.

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**Exercise**

Joe Wick’s PE workout every weekday at 9am

Go Noodle

Cosmic Yoga

Skipping, cycling, dancing, going for a walks..

**Art**

‘Draw with Don’ YouTube channel

‘Art Attack’ series on YouTube

Mindfulness colouring

Free drawing

Paint (with Bob Ross on Netflix / YouTube)

Origami

Sculpt with clay

**Gardening**

Pull weeds

Water flowers

Plant new flowers

**Skills / Talents**

Baking

Knitting

Learn to juggle

Do a magic trick

Write a play, a poem or a story

**Meditation**

Headspace for kids (app)

Cosmic Yoga

Read for pleasure

‘Spark joy!’ and organise possessions (eg. toys, clothes..)

**Games**

Board games (eg. Scrabble, Articulate, Headbands…)

Cards (eg. Snap, Go Fish, Solitaire…)

Pen and paper games (eg. X’s and O’s, Stop the bus…)

Music games (eg. Karaoke, Musical statues..)

Outdoor games (eg. Obstacle course, football..)

**Music**

Learn to play an instrument or learn a new song

Listen to different genres or decades of music

Compose a song or piece of music

Strictly Come Dancing: Pick a song and prepare a dance routine

Do a music quiz

**Television**

RTE’s School Hub

Favourite movie/ T.V programme

Nature programmes eg. David Attenborough’s Blue Planet

**Active Breaks Ideas**

**Cosmic Kids Yoga**

<https://www.youtube.com/user/CosmicKidsYoga>

**Dance - An Wop**

<https://youtu.be/q4LyIVHf26w?list=PLbcLsUBW9b3C_Ly8-utDRumtVXHf1Bn9z>

**Kids Bop**

<https://www.youtube.com/channel/UCKE0Xnj818IDaHvIcRiq0Bg?app=desktop>

**Weekly Challenge – Teddy Bear Challenge**

<https://www.youtube.com/watch?time_continue=14&v=whPptTaKMtA&feature=emb_logo>

**Family Fun - Homemade Frisbee Fling**

<https://www.youtube.com/watch?time_continue=2&v=k8o_W0KJnak&feature=emb_title>

**Core Subject Work**

**English**

Keep going with your daily news and video calls with relatives./friends. Lots of learning and confidence building takes place during these interactions.

**School Sports Day Oral Language Activities**

School Sports Day interactive activities:

<https://rainbow.cjfallon.ie/#/units/first/16>

**Sports Day Afternoon**

Plan your own sports day afternoon in your garden. Design 3 activities that you and your family have to compete in!

**Starlight Combined Reading and Skills Book**

p.46 - 49 (How to make a pizza).

Do 1 page per day only.

**Writing**

Write your own pizza recipe. Maybe you will have time this week to make the pizza!

**Spellbound**

p.68 + 69 (Week 33). Revision

**2 sentences in copy each day** (like your daughter does for homework)

**Reading**

Continue to encourage your daughter to read any books you have at home and read to your daughter daily.

**Class Story**

**Gruffalo stayed in the cave**

**By Axel Scheffler and Julia Donaldson's**

Click on link below and enjoy the story together

<https://www.theguardian.com/books/gallery/2020/apr/04/gruffalo-axel-scheffler-and-julia-donaldsons-coronavirus-cartoons#img-12>

**Maths**

**Cracking Maths** – continue with any unfinished work

Time p.129 – 131

Addition 6 p. 132 – 138

Please correct any work your daughter does with her and help her learn from mistakes.

**Work it Out** – Catch up/finish a week you missed/ have not completed.

**Class Game:**

Make 10 Again!

<https://www.mathsweek.ie/2019/maths-at-home-activities/?fbclid=IwAR1HggJ7CtDG28BOuXljhuTxTrjASlO8l63vXrB6kJRN5VjtUssyN6Y_KEI#activitymaketenagain>

**Online Maths Games**

**Counting:**

<https://www.topmarks.co.uk/learning-to-count/blast-off>

<https://www.topmarks.co.uk/learning-to-count/helicopter-rescue>

<https://www.topmarks.co.uk/learning-to-count/place-value-basketball>

**Ordering:**

<https://www.topmarks.co.uk/ordering-and-sequencing/caterpillar-ordering>

<https://mathsframe.co.uk/en/resources/resource/37/placing_numbers_on_a_number_line>

**Addition and Subtraction:**

<https://www.topmarks.co.uk/maths-games/mental-maths-train>

<https://www.topmarks.co.uk/maths-games/subtraction-grids>

**Shape:**

<https://www.mathlearningcenter.org/resources/apps/geoboard>

**Gaeilge**

**Bua na Cainte**: An Trá p.94

**An Wop** dance – See Active Breaks section

You can use https://www.focloir.ie/en/ to translate any words. The great thing is that almost every word on the website has an audio recording of it so you can listen to how to pronounce the words! As a family, you could try and learn a few words every day!

Another idea is to sign up to https://www.duolingo.com/course/ga/en/Learn-Irish to learn some Irish – 5 to 10 minutes a day and who knows how fluent you’ll be when you get back!

**What a Wonderful World – History/Geography/Science**

**Signs of Summer (p.60) –** Draw pictures to show the different signs of summer we are noticing!

**Dandelions (p.61) –** Go out to your garden/green and pick a dandelion. Use your book to examine the dandelion.

**Fruits and Seeds (p.64) –** Choose 4 different pieces of fruit. Use your book to help you examine each fruit. Eat and enjoy after or paint it and create some print art!

**Project Work:**

**Sports day at home**

Plan a sports day afternoon that you can have in your garden/green. Compete in activities with you family e.g. egg and spoon race/ three legged race/fill a bucket with water race.

**Arts and Crafts**

**Children’s art competition: Keeping Connected**

Draw a poster showing how you are keeping in contact with someone you can’t see at the moment. You can enter your piece of art in the competition below or you could post it to the person you make it about!

<https://into.newsweaver.ie/icfiles/1/3461/226109/6348250/d3753eda05503f31bd8d3f3e/art%20competition%20-%20european%20day%20of%20solidarity%20between%20generations.pdf>

**Making Shapes Art**

<https://www.mathsweek.ie/2019/maths-at-home-activities/?fbclid=IwAR1HggJ7CtDG28BOuXljhuTxTrjASlO8l63vXrB6kJRN5VjtUssyN6Y_KEI#activitymakingshapes>

Create a summer picture using shapes.

**Fruit Art**

Use the fruit you cut open for your Science investigation to make print art. Paint the half a piece of fruit and create a print.

**Ice-cream Cone**

Decorate 2 cupcake cases with markers to look like 2 scoops of ice cream. On a coloured piece of card draw a triangle shape to be a cone. Glue the cupcake cases on top of the cone!

**Make a Pizza**

Use your recipe from English writing to make a pizza this week! If you don’t have the ingredients you could make a pizza out of paper! Draw your favourite toppings and glue them on.