

Week 9 – May 25th to May 29th

Monday May 25th 2020

9am-9.30

Kids workout <https://www.youtube.com/watch?v=dhCM0C6GnrY>
Joe Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
10 minute workout <https://www.youtube.com/watch?v=oc4QS2USKmk>
Fun workout <https://www.youtube.com/watch?v=BDYd2qFR45o>
Yoga <https://www.youtube.com/watch?v=dw-0bmtDPnk>
GO Noodle Dance <https://www.youtube.com/watch?v=KhfkYzUwYFk>
Jump on your trampoline 🤸
Play hopscotch outside.

9.30am-9.50am **English (History/Religion)**

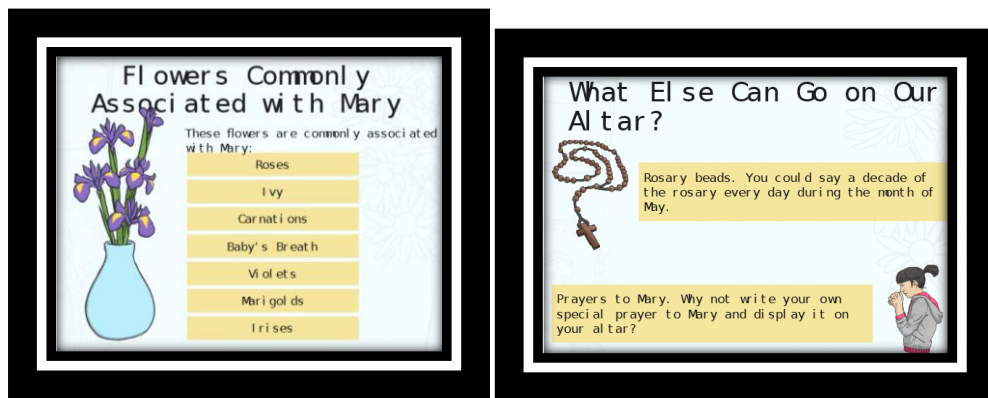
1) **Spellbound** p 68 no 1 Just do the “across” clues today

2) **History Quest** p 86-89 (activity A and B p90 orally)

Read about Nano Nagle, an extraordinary Cork woman who was responsible for helping and teaching so many poor people in Cork in the 1700s. She founded the Presentation Sisters.

May is the month of Our Lady. You might consider saying the Hail Mary, the prayer to Our lady. Many Catholics have a May altar in their homes during the month of May. You can read about it below.





9.50-10.10 Gaeilge

1) **Seo Leat p36/37** Revise this scéal “Gabhair sa Scoil”. You can have a look at the questions on the next page and do them orally if you can. It’s all revision! [Listen to the scéal here](#) [Cluiche](#)

2) **Dráma** – tusa an Gabhar. Déan mím bunaithe ar an dán. [An Gabhar sa Scoil](#)
Pretend you’re the goat in the poem on p38 and mime out the poem. Have a look at a student in a secondary school act it out [Click here](#)

3) **Lá Sa Lockdown 2020 (Seo Leat p 126/127)** Do revise these pages every day and make up sentences using the vocabulary. Scríobh abairtí about a typical day for you in Lockdown. I received some super sentences as Gaeilge last week from a few girls. I’m really looking forward to seeing lots more this week. You can start your sentences with some of these verbs....

Dhúisigh mé ar.....

D’éirigh mé.....

Chuaigh mé.....

D’ith mé.....

Rinne mé....

D’fhéach mé....

Shiúil mé.....

10.10-10.30 Maths - **Busy at Maths p111 /112–Length**

Have a look at this [game](#) to revise measuring using a ruler. **Remember there are 100cm in a metre.** Watch this [video clip](#) to learn about fractions and decimals on a metre stick.

P 111 Try ex 1 and 2.

Play this [game](#) to help you with p112

P 112 use the yellow boxes for explanations

If you have difficulty with any part of the chapter, ask someone at home or you can let me know. I’ll send all of the answers next week to you can see how you get on with them.

10.30 – 10.45am Mental Maths / Tables

Practise your table every day with any of these tables games.

[Hit the button](#) [Maths Mayhem](#) [Rocket Rounding](#) [Mental Maths Train](#)

- You can practise singing your tables songs.
- Give yourself a timed test with tables by writing out lots of tables and see how many you can complete in 30seconds or 1 minute.

10.45-11am

Break

11am-12noon

RTÉ HOME SCHOOL HUB ON RTÉ 2 AT 11AM

12noon – 1pm
Project Work

This week's project – Illustrating the imagery in the song

I really hope you'll enjoy doing this project. I have suggested a song for every day. You can listen to and sing the song a few times. I want you to then do a cartoon of the song, picking out the main images from each of the lines or every two lines.

Alternatively, you may do a poster of the song.

Count on Me

[click here](#)

[Click here for lyrics](#)

Have a look at this [video clip](#) where Múinteoir Cliona does this using a poem. (starts at 39mins)

IMAGERY is [explained in this clip](#)

At the end of the week, you will have a lovely selection of illustrated songs.

You can ask your parents/guardias to email me your illustrations – I'd love to see what you've drawn.

Tuesday May 26th 2020

9am-9.30

Kids workout <https://www.youtube.com/watch?v=dhCM0C6GnrY>

Joe Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

10 minute workout <https://www.youtube.com/watch?v=oc4QS2USKmk>

Fun workout <https://www.youtube.com/watch?v=BDYd2qFR45o>

Yoga <https://www.youtube.com/watch?v=dw-0bmtDPnk>

GO Noodle Dance <https://www.youtube.com/watch?v=KhfkYzUwYFk>

Jump on your trampoline 🤸

Play hopscotch outside.

9.30am-9.50am

English

1) **Spellbound** p 68 no 1 – finish the crossword by completing the “down” clues

2) **History Quest** p91. Re read the story of Nano Nagle. On p91 activity E.

Pretend you are Nano Nagle. Finish the imaginary page from her diary.

Have a look at this [video about Nano Nagle](#). Have a tour around the website. [Click here](#)

If we were in school, we would have taken a visit as a class to see the Nano Nagle centre. So this is like a virtual tour that we'd have been on! You can do a little project about Nano Nagle if you like. Ask family members if they have any information about her.

9.50am – 10.10am


Gaeilge

1) **Seo Leat** p42-43 Revise this scéal “An Scáth Báistí”. [Listen here](#) You can have a look at the questions on the next page and do them orally if you can. It's all revision! Play [this cluiche](#) [Cluiche making abairtí](#) [Maze Game](#)

2) **Ceol Gaelach** To hear some Irish music [Click here](#) or listen to [Riverdance](#)
Read about these Irish instruments


Traditional Irish Instruments Facts

The fiddle and the violin are the same instrument! We call it a fiddle when it is used in traditional Irish music. The fiddle has 4 strings and it is played with a bow. It is one of the most popular instruments used in traditional Irish music.




Traditional Irish Instruments Facts

The tin whistle is also known as the penny whistle. It was first used in traditional Irish music in the 19th century. The tin whistle is a small metal tube with 6 holes and a mouthpiece. It is considered a good starting instrument for traditional Irish musicians. Today, many children up and down the country are being taught how to play the tin whistle in school.




Traditional Irish Instruments Facts

A melodeon is similar to an accordion. Music is produced by pressing buttons on either end of the melodeon and moving the instrument in and out, depending on what sound you want to achieve.




Traditional Irish Instruments Facts

The flute is a woodwind instrument. It has been used in Irish music for many years. The Irish flute is usually made from wood and has 6 holes and up to eight keys. The Irish flute and the tin whistle have the exact same fingering. Many Irish flute players start off on the tin whistle before moving onto the flute because of this.




Traditional Irish Instruments Facts

The Irish word for elbow is 'uillinn'. To produce a sound on the uilleann pipes, the piper must squeeze air into a bag with their elbow, while playing the pipes with their fingers. It is one of the more difficult traditional instruments to play. The uilleann pipes are played sitting down.




Traditional Irish Instruments Facts

The concertina is a small hexagonal instrument. It is similar to the melodeon in the way that it is played. It is particularly popular in the south-west of Ireland.




Traditional Irish Instruments Facts

The harp is probably the most famous of all of the traditional Irish instruments. The harp can have up to 47 strings and the sound is produced by plucking the strings. A harp player is called a harpist. It is also one of the oldest instruments in the world. The harp is the official emblem of Ireland.




Traditional Irish Instruments Facts

The bodhrán is known as the heartbeat of traditional Irish music. It is a handheld drum. One side of the bodhrán is covered in animal skin, and the other side is open-ended so that the player can place their hand against the skin to change the pitch or sound of the bodhrán.

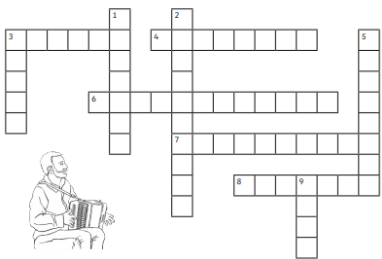


Traditional Irish Instruments Facts

The bouzouki is a string instrument. It was introduced into traditional Irish music in the 1960s. It is a very popular instrument in Ireland.



Traditional Irish Music



Across

3. A _____ is exactly the same as a violin.

4. What instrument is also used in traditional Greek music?

6. This is a very difficult instrument to master. It is played using your elbow and fingers!

7. Many children in Ireland learn this instrument in primary school.

8. What instrument is played with a beater? It is said to be the heartbeat of Irish music.

Down

1. When a group of musicians come together to play Irish music it is called a _____.

2. What instrument is hexagonal in shape?

3. What instrument has 6 holes and up to 8 keys?

5. I am very similar to an accordion. I have buttons on either end of me. You move me in and out to produce sound. What am I?

9. This instrument is the official emblem of Ireland.

Try this to see what you've learned!

3) Continue your scéal "Lá Sa Lockdown 2020" (Seo Leat p 126/127) Do revise these pages every day and make up sentences using the vocabulary. Scríobh abairtí about a typical day for you in Lockdown. I received some super sentences as Gaeilge last week from a few girls. I'm really looking forward to seeing lots more this week. You can start your sentences with some of these verbs....

Dhúisigh mé ar.....
D'éirigh mé.....
Chuaigh mé.....
D'ith mé.....
Rinne mé....
D'fhéach mé....
Shiúil mé.....

10.10-10.30 Maths - Busy at Maths p113/114

P113 – adding and subtracting lengths. Because there are 100cm in a metre, when we add and subtract we can regroup easily enough, like we would usually regroup.

Have a look at this [video](#) to learn how to add lengths. **P 113 Try some of the questions in no1 and 3.**

Watch this [video](#) to learn how to subtract lengths. **P113 Try some of the questions in no2 and 4**

If you have difficulty with any part of the chapter, ask someone at home or you can let me know. I'll send all of the answers next week to you can see how you get on with them.

10.30 – 10.45am Mental Maths / Tables

Practise your table every day with any of these tables games.

[Hit the button](#) [Maths Mayhem](#) [Rocket Rounding](#) [Mental Maths Train](#)

- You can practise singing your tables songs.
- Give yourself a timed test with tables by writing out lots of tables and see how many you can complete in 30seconds or 1 minute.

10.45-11am Break

11am-12noon RTÉ HOME SCHOOL HUB ON RTÉ 2 AT 11AM

12noon – 1pm

Somewhere over the Rainbow

[Click here](#)
[Click here for lyrics](#)

Continue with project work illustrating the imagery in this song, as explained in Monday's work

Wellness Wednesday May 27th 2020

- Choose a few of these activities to do with your siblings or altogether as a family.
 - Wellness Wednesdays are all about doing things that you enjoy

Exercise

- Kids workout <https://www.youtube.com/watch?v=dhCM0C6GnrY>
- Joe Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
- 10 minute workout <https://www.youtube.com/watch?v=oc4QS2USKmk>
- Fun workout <https://www.youtube.com/watch?v=BDYd2qFR45o>
- Yoga <https://www.youtube.com/watch?v=dw-0bmtDPnk>
- GO Noodle Dance <https://www.youtube.com/watch?v=KhfkYzUwYFk>
- Jump on your trampoline 🤸, play hopscotch outside, skip, cycle, dance, go for a walk

Art

- 'Draw with Don' YouTube channel <https://www.youtube.com/watch?v=Rlr-LtOFkMM>
- 'Art Attack' series on YouTube https://www.youtube.com/watch?v=5Dsb_r8qDss
- Mindfulness colouring https://www.youtube.com/watch?v=5Dsb_r8qDss
- Free drawing
- Draw with Will Sliney <https://www.youtube.com/channel/UCmtQsXI3211I2eumTVKh4Kg>

Gardening

- Pull weeds, gather leaves
- Water flowers

- Plant new flowers

Skills / Talents

- Baking <https://www.youtube.com/watch?v=8JYNbNYqMTk>
- Knitting <https://www.youtube.com/watch?v=UHLsW0wl144>
- Learn to juggle
- Write a play, a poem or a story
- Sing a song!

Meditation

- Headspace for kids (app) <https://www.headspace.com/meditation/kids>
- Cosmic Yoga [Cosmic Yoga](#)
- Organise possessions (eg. toys, clothes, tidy bedroom) or read a book

Games

- Board games (eg. Scrabble, Articulate, Headbands...)
- Cards (eg. Snap, Go Fish, Solitaire...)
- Pen and paper games (eg. X's and O's, Stop the bus...)
- Music games (eg. Karaoke, Musical statues..)
- Outdoor games (eg. Obstacle course, football..)

Music

- Learn to play an instrument or learn a new song
- Listen to different genres or decades of music
- Compose a song or piece of music
- Strictly Come Dancing: Pick a song and prepare a dance routine
- Do a music quiz

Television

- RTE's School Hub
- Favourite movie/ T.V programme
- Nature programmes eg. David Attenborough's Blue Planet
<https://www.youtube.com/watch?v=ndMKTnSRsKM>

The Bare Necessities

[Click here](#)
[Click here for lyrics](#)

Continue with project work illustrating the imagery in this song, as explained in Monday's work

Thursday May 28th 2020

9am-9.30am Kids workout <https://www.youtube.com/watch?v=dhCM0C6GnrY>
Joe Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
10 minute workout <https://www.youtube.com/watch?v=oc4QS2USKmk>
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Yoga <https://www.youtube.com/watch?v=dw-0bmtDPnk>
GO Noodle Dance <https://www.youtube.com/watch?v=KhfkYzUwYFk>

9.30am-9.50am English (SPHE)

1) Spellbound p 69 exercise 2

2) SPHE – Media Education; Internet Safety

We are very lucky to have such easy access to so much information via the internet – it's all at our fingertips. As you all know, being safe on the internet is very important.

[Click here](#) to watch a lesson about the Internet and technology (from 18mins to 37 mins)

Have a look at www.webwise.ie for lots of good information about internet safety.

<https://www.webwise.ie/teachers/online-safety-skills/>

This is a very informative video with 4 important tips about being safe on the internet.

<https://youtu.be/yrln8nyVBLU>

[Read these statements and put them in order of importance – in your opinion! Put number 1 beside the statement that you think is MOST IMPORTANT. Put number 2 beside the next one and so on. You should discuss these with your parents.](#)

TAKE HOME ACTIVITY SHEET		NAME: _____
GUIDELINES RATINGS PAGE		
NOTE TO PARENTS:		
Dear Parent/Guardian, As part of the <i>Webwise Internet Safety</i> programme your child is doing in school, we'd like you to decide with your child how you would rate the following 15 guidelines in order of importance (1 = most important; 15 = least important). Once completed,	please sign the sheet with your child and ensure it is returned to his/her teacher. The class will then compile the results and make a special 'Surfing Tools' poster. Thank you for your interest and co-operation, and remember, there are no right or wrong answers!	
PLEASE RATE THE FOLLOWING FROM 1 TO 15		
I will never disclose any personal details to someone in a chat room.		
I will tell an adult if I find something online which upsets me.		
I will always treat others on the Internet as I would like to be treated.		
I will not insult or offend someone online even as a joke. They may not take it that way.		
I will always have fun in cyberspace and remember that the virtual world is not the real world.		
I will share with others my online experiences.		
I will always verify material I come across on the internet.		
I will ask permission from parents/guardians before I purchase anything online.		
I will take regular breaks if I am on the internet.		
I will not ask others to disclose personal information.		
I will not bother with adult material – that's for the oldies.		
Copying from the Net may be illegal. I always ask permission from the web author to use material from the Net.		
I never copy huge chunks of material from the Net for home work – that's cheating.		
I always bookmark my favourite sites. That way I can find them again really quickly.		
If someone sends me something by email that I don't like I will never forward it on. If I did, that would be spamming.		
STUDENT'S SIGNATURE: _____		PARENT'S/GUARDIAN'S SIGNATURE: _____

9.50-10.10 Gaeilge

1) **Seo Leat p48/49.** Féach ar an bhfóclóir. Have a look at the vocabulary on these pages agus cuir scéal le chéile ó bhéal. Orally say as many sentences as you can about the picture “An Geimhreadh”. Click here to revise the [vocabulary](#). Play this [cluiche](#) to revise the vocabulary.

2) Éist leis an scéal seo – An Garbhán <https://www.youtube.com/watch?v=v8MT3mFjCAc>

An Garbhán(Gruffalo), Madra Rua/Sionnach (Fox), Olcabhán (owl), Nathar (snake), amadán(fool), ar strae (lost)

[This is the English version of the Gruffalo](#)

3) **Lá Sa Lockdown 2020** - finish your scéal. I would love if you would get your parents to email your story to me at 4thclass@stpaticksgirls.net !

10.10-10.30 **Maths - Busy at Maths p114**

P114 – multiplying and dividing lengths. Again, just multiply or divide as you usually would. You may need to convert your answer at the end. For example, you should write **234cm** as **2m 34cm** or **2.34m**

Try this [game](#) to practise how to multiply and divide lengths.

P 114 Try some of these questions

If you have difficulty with any part of the chapter, ask someone at home or you can let me know. I'll send all of the answers next week to you can see how you get on with them.

10.30 – 10.45am **Mental Maths / Tables**

Practise your table every day with any of these tables games.

[Hit the button](#) [Maths Mayhem](#) [Rocket Rounding](#) [Mental Maths Train](#)

- You can practise singing your tables songs.
- Give yourself a timed test with tables by writing out lots of tables and see how many you can complete in 30seconds or 1 minute.

10.45-11am **Break**

11am-12noon **RTÉ HOME SCHOOL HUB ON RTÉ 2 AT 11AM**

12noon – 1pm **Project Work**

Three Little Birds

[Click here](#)

[Click here for lyrics](#)

Continue with project work illustrating the imagery in this song, as explained in Monday's work

Fun Friday May 29th 2020

This week on Fun Friday you can try a few of these PE and Art activities. Remember to ask your parents to email some of your artwork – I'm really looking forward to seeing your creations!

9am-9.30

Kids workout <https://www.youtube.com/watch?v=dhCM0C6GnrY>

Joe Wicks <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

10 minute workout <https://www.youtube.com/watch?v=oc4QS2USKmk>

Fun workout <https://www.youtube.com/watch?v=BDYd2qFR45o>

Yoga <https://www.youtube.com/watch?v=dw-0bmtDPnk>

GO Noodle Dance <https://www.youtube.com/watch?v=KhfkYzUwYFk>

Jump on your trampoline 🤸

Play hopscotch outside.

Suggested Art activities

- <https://www.youtube.com/watch?v=uBFgTkq2OPU> Bláthanna – easy flowers to make
- <https://www.youtube.com/watch?v=cV-S3Cfyn5Q&t=119s> Féileacháin- butterflies.



This is one I made ☺

- This is a really simple activity to do with the dot pattern on a piece of kitchen roll and markers



You can create this tree using bottle lids, or coloured paper from magazines. The colours are organised really well together.

You could try this flower with strong coloured lines surrounding it.



PE – Peteca learn to play this Brazilian game. Pe with Coach Clare

Target Throwing PE class with Coach Clare

Scavenger hunt



Dance to “I like to Move It”

<https://www.youtube.com/watch?v=ymigWt5TOV8>

10.45-11am Break

11am-12noon

RTÉ HOME SCHOOL HUB ON RTÉ 2 AT 11AM

12noon – 1pm

Project Work

Can't Stop the Feeling

[Click here](#)
[Click here for lyrics](#)

Continue with project work illustrating the imagery in this song, as explained in Monday's work.