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| |  | | --- | |  |   **A healthy diet**  Have your Breakfast. We all need the energy a good healthy breakfast provides.  School lunches are provided free of charge. The children bring home the finished lunch bag for two reasons (a) to let you know what they have eaten at school and (b) to teach them about being responsible for disposing of their own rubbish.  In school we drink water or milk. Make sure your daughter brings her bottle to school  **How do I help my child to be organised for school?**  Have uniform or tracksuit ready the night before- uniform Mon- Wed and tracksuit Thurs and Fri  Hair needs to be tied back neatly and checked weekly for head lice- watch for sleepovers/playdates as head lice is a community problem and doesn’t just occur at school.  Schoolbag ready the night before with pencils pared, copies lined ready for work. |  | **What do I do if my child is unwell?**  No child, teacher or parent should attend school if feeling unwell. Stay at home until you feel better.  **Punctuality and Pupil Handover**  The main entrance door is open between 8.30 a.m. and 8.50 a.m. every morning. The main entrance door is locked after this time.  If you arrive after 9.00 a.m., parents/guardians are to accompany their child to the door to ensure safe handover of their child.  **Nut Free School**  We are a NUT FREE school due to some students having high allergies. Do not put food containing nuts in your child’s lunch such as cereal bars and nutella  Children are asked not to share their food with one another. |  | |  | | --- | | 1st and 2nd Class FAQs | |  | | 2023 | |  | |

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| **What time does school start and finish?**   * School starts at 8.50 and ends at 2.30. * It is important for the children to be in school every day and to be on time. * Early collection should be avoided unless absolutely necessary. Use the Aladdin App to sign your child out. * If your child is absent, please send a note on the Aladdin App.   **Does my child need to be collected by a parent?**  Girls in 1st/2nd class must be collected by a parent or appointed guardian. A note stating that the child can walk to a meeting place, or is being collected by an older sibling, must be given to class teacher. If there is a change in collection, please let us know.  *Remind the children if you are not at the pick-up point that they should wait a few minutes and then return to the main door and ring the bell to contact the office.* |  | **Your Contact Information**  Please ensure that contact numbers in the office and in the front page of your child’s journal are correct. Please let us know if you change your phone number or email address.  **How do I get in contact with the class teacher?**  If you do need to speak to your child’s teacher, please make an appointment by contacting the office. Siobhán will contact the teacher and organise a suitable time. Don’t wait until home time for this.  Don’t leave it until the Parent Teacher meetings if are worried about your child  **What days does my child wear their tracksuit?**   * Tracksuits days are Thursday and Friday * Uniform days are Monday, Tuesday, Wednesday * Please label all clothes, including coats. |  | **How long should my child spend on her homework.**  It’s best to stick to a routine for homework and to do it shortly after school as the children will be too tired later. If they ask for help, then by all means help them but please don’t do the homework for them.  1st Class homework takes about 10 minutes.  2nd Class homework takes about 20 minutes.  This is an average time as each child is different.  Reading is of huge importance at this level and must be practised every night.    **School Website:**  **www.stpatricksgirls.net**  Check out the school website for the calendar, the news and information on the school policies.  **School Phone Number: 021 4509246** |